# Vacaville Unified Multi Tiered System of Supports (MTSS)

Mental Health Clinicians & Therapists, Psychologists, PD Youth Services Section

Immediate support providing resources to connect with ongoing support outside of VUSD as needed

Mental Health Clinicians & Therapists, Counseling Interns, & Psychologists

Host support groups

Teachers, School Counselors, Staff, School Administration, School Resource Officers

Know students by name and need Look to understand behaviors first Check-in and check-out Skilled classroom management techniques



### **Individual Student Supports**

One-on-one support specific to student needs

### **Group Supports for Students**

Bullying, self-esteem, social skills, healthy relationships, stress reduction, loss and grief, Teen Intervene

## **Supports for All Students**

Positive reinforcement
Daily academic support
School and college/career counseling
Helplines
Student led supports (Link Crew)

